



Camp Letico Activity Patch

Gold Award Project
Jennifer Carolina
August 20, 2002



Patch may be purchased for \$2.00
from Joann Sabados-Carolina 908-241-5623



Camp Letico Patch

Purpose:

To help Girl Scouts of the Roselle/Roselle Park community and surrounding communities get a better understanding of the environment and community that they are a part of. With the different areas that the patch incorporates, Girl Scouts will be able to experience and appreciate all that their surroundings offer. Because the patch requires that the girls complete the patch at the camp, the girls are not only able to earn a patch but also experience first hand the beauty of the area that they live in.

Daisy/Brownie Girl Scouts Requirements:

- **Games**
 - Complete 2 activities under the Daisy/Brownie list
- **Arts-N-Crafts**
 - Complete 1 of the listed activities located in the Daisy/Brownie list
- **Nature**
 - Complete 1 activity found in the nature section
- **Camp Letico History**
 - Read the information provided and look at the pictures
 - Answer the following questions about Camp Letico:
 1. How old is Camp Letico?
 2. What type of activities happened at Camp Letico?
 3. Was Camp Letico just for Girl Scouts?
 4. What do you think Camp Letico looked like when it was first opened?

Junior/Cadette Girl Scouts Requirements:

- **Games**
 - Complete 3 activities under the Junior/Cadette list
- **Arts-N-Crafts**
 - Complete 1 of the listed activities located in the Junior/Cadette list
- **Nature**
 - Complete 2 activities found in the nature section
- **Camp Letico History**
 - Read the information provided and look at the pictures
 - Answer the following questions about Camp Letico:
 1. Briefly summarize the founding of Camp Letico.
 2. What type of activities happened at Camp Letico?
 3. Since Camp Letico was founded for the Girl Scouts of the community, is it fair that other organizations are allowed to use the property? Why or why not?

Senior Girl Scouts Requirements:

- **Games**
 - Create your own activity

- **Arts-N-Crafts**
 - Create your own activity

- **Nature**
 - Create your own activity

- **Camp Letico History**
 - Read the information provided and look at the pictures.
 - Develop and create your own piece of history for Camp Letico. This is your time to create anything that you wish to forever stay in Camp Letico.

GAMES

Daisy/Brownies

Parachute

Girls can play any games they wish to play with the parachute. Some games include:

- **Mouse and Cat** – One girl is the cat, and she sits in the center of the parachute. The other girl is the mouse. The mouse crawls under the parachute in circles. The whole purpose is for the cat to catch the mouse. The only problem is that the other girls are able to hold the edge of the parachute and are allowed to shake the parachute by moving their arms to help hide the mouse. Once the mouse is caught, she becomes the cat.
- **Switch** – The girls stand around the opened parachute. Each girl grabs a side of the parachute claiming a color. While holding their specific color, they begin to lift their arms up and down, so the parachute wiggles. Once they've got the parachute really wiggling, someone (preferably someone older) calls out a color. All the girls holding that color let go and run to another spot with the same color. To make the game more interesting, two colors can be called at a time.

Simon Says

One person is chosen to be “**Simon**”. The others stand in a straight line. The **Simon** then calls out an action for the children to follow. It can be anything like...touch your toes, jump 10 times on 1 foot, etc. When giving an action **Simon** can simply state the action by itself...“touch your ears” and whoever does it is out and has to sit down. Or **Simon** can say “**Simon** says, touch your ears” and then everyone must follow the instruction. You can vary the actions according to the age group of the children you are playing with. The last person who is standing can then be “**Simon**”!

Octopus Tag

Set a boundary area. One person stands in the middle of the boundary area. The rest of the kids' line up at an end of the bounds and when the tagger says **GO** they all run to the other side of the bounds. The first person the tagger tags has to stay and help her; the additional people that are tagged have to sit down, and can only help “**It**” by using their arms. This goes back and forth until you are down to the last person who then starts the next round. This game is fun when played with a lot of kids.

What's the time Mrs. Wolf?

One player is the Wolf. She stands with her back turned to the others, about 16 feet from the group. The group calls out, “What's the time Mrs. Wolf?” and the Wolf turns to face the group and shouts out a time. Example: 10 o'clock. The others would then take 10 steps toward the wolf. The group will take the same amount of steps toward the Wolf as the amount of hours in the Wolf's time. Example: 2 o'clock = 2 steps, 6 o'clock – 6 steps, etc. The Wolf will then turn her back to the group again for them to yell “What's the time Mrs. Wolf?” (She looks at the group only when she shouts the time at the group.) When the group gets close to the Wolf the next time the group yells “What's the time Mrs. Wolf?” the Wolf will say “DINNER TIME” and run after the group who should be running back to the start line, and hopefully she catches one of the girls who will then be the Wolf. It sounds messy, but when played is an enjoyable game.

Hide and Seek

First you pick someone to be “**IT**” (the person to seek) she turns around and counts to 50 with her eyes closed at the “base” while the rest of the girls hide. Then “**IT**” says “Ready or Not, Here I Come” and rushes to find everyone. The girls try to get back to base without getting tagged or else they are “**IT**”. If the person who is “**IT**” doesn’t get someone in three tries she gets to pick a girl to be **IT**!

Note: Be Careful of Poison ivy when picking a hiding place!

Other Games/Sports include:

- Hula Hoop
- Catch and throw games
- Jump Rope
- Games of your choice

GAMES Juniors

“Honey, do you love me?”

Players form a circle with one player in the middle – “**IT**”. “**IT**” approaches players in the circle and ask, “Honey, do you love me?” The person being questioned must answer, “Honey, I love you but I just can’t smile.” If she does smile or laugh, she becomes “**IT**” and the previous middle person joins the circle. The person who is “**IT**” is not allowed to touch other players but may make as many funny faces as she wishes.

Sardines

Pick a girl to be the **Sardine**. The rest of the group hides their eyes and counts out loud together to 50 while the **Sardine** hides. Then everyone begins to look for the **Sardine**. When you spot the **Sardine**, you don’t tell anyone. When no one is looking, you slip in and hide with the **Sardine**. Eventually everyone starts to disappear and the one left notices she’s all alone and rather embarrassed to be the last one left. The first one to find the **Sardine** gets to hide as the **Sardine** in the next round. Imagine 5 or 10 kids all huddled together in a tight spot trying to keep from laughing and being seen. Great fun!

GAMES

Juniors/Cadettes

Down Down Down

You start off with a tennis ball and throw the ball continuously back and forth until somebody drops the ball. When someone drops the ball you say “Down on one knee”. If the same person drops it a second time, you say, “Down on two knees”. If the same person drops the ball again you say, “Down on one elbow”, “Down on two elbows”, “Down on your chin”. Then if they drop the ball again they are Out. Remember, players have to stay in the position they are in to catch the ball and throw the ball.

Dodgeball

Kids form two teams. One ball is used. Each team has their own side where they are not allowed to leave the boundaries formed. One player starts the game off by throwing the ball at the other team. The other team can scatter and run within the boundaries. If the thrower of the ball hits another person then the hit person is out and must stand on the side lines. Game continues until all players on one side are out.

Red Rover

In this game, the kids form two opposing lines and attempt to “break through” the opposing team’s line. At first, two teams are chosen of equal size, and form two lines, facing each other and holding hands. One side starts by picking a person on the opposing team and saying “Red Rover, Red Rover, please send <Jenny> right over.” Jenny then lets go of her teammates and begins a headlong rush for the other line. Her goal is to break through the line by overpowering the kid’s hold on each other. If Jenny breaks through, she chooses one person for the opposing team to join her team and they both go back and join in their line. If she fails to break through, Jenny becomes part of the other team. Each team alternates calling people over until one team has all the people and is declared the winner.

Note: Since all the players are on the winning team at the end, there really are no losers in this game.

Other Games/Sports include:

- Volleyball
- Basketball
- Softball
- Jump Rope
- Hula Hoop
- Games of your choice

ARTS AND CRAFTS

Daisies/Brownies

Rock Paperweight

MATERIALS:

- Large rounded rock
- Tissue paper squares (various colors)
- Newspaper or waxed paper
- Diluted glue
- Paintbrush

INSTRUCTIONS:

Spread a sheet of wax paper or newspaper on top of the workspace. Lay a square of the tissue paper on the rock and paint over it with the diluted glue. Continue painting and placing tissue paper until the rock is completely covered. Allow the glue to dry.

Rock Pet

MATERIALS:

- Large rounded rock
- Paint
- Newspaper
- Paintbrush

INSTRUCTIONS:

Spread sheets of newspaper on top of the workspace. Using the paint and paintbrush, paint the rocks to resemble animals or creatures. Allow to dry. Girls can also name the rocks and give a brief description or story about their new pet to the rest of the girls.

Clothespin Magnet

MATERIALS:

- Wooden Clothespin (type with spring)
- Magnet tape (you can buy a big roll of easy to cut at craft or hardware stores)
- Hot glue gun
- Paints (optional) (if you use paints make sure you have paintbrushes)
- Markers (optional)
- Anything that is glueable to decorate with

INSTRUCTIONS:

Paint a wooden clothespin and glue objects to it. Holiday items may include: felt four leaf clovers, hearts, snowflakes, etc. or everyday items: felt cut-outs, small gems, shells, pasta, etc. Cut a small piece of magnetic tape. Hot glue the magnet to the back of the clothespin. Now you can use as a note holder on your refrigerator.

Note: Only adults should use a hot glue gun.

Craft of your Choice

ARTS AND CRAFTS

Juniors/Cadettes

Tile Painting

MATERIALS:

- Floor tile
- Acrylic paint
- Paintbrush
- Newspaper
- Water filled cups to clean brushes off
- Sealing spray

INSTRUCTIONS:

1. Lay newspaper on surface where girls will be painting..
2. Make sure each girl has a clean floor tile to work with.
3. Using the paint and paintbrushes, have the girls paint their tiles
4. Allow tiles to dry.
5. Once dry, spray the sealing spray over the tiles for a glossy finished look.

Note: Spray sealing spray outside building.

God's Eye

MATERIALS

- Yarn of all colors
- 2 sticks

INSTRUCTIONS:

1. Tie the two sticks together with a piece of yarn (arms length to start with) to form a cross. Continue using that same piece of yarn to weave around the cross.
2. To weave: hold the yarn in your right hand and the cross in your left. Loop the yarn behind the top of the cross bringing it to the front. Cross the yarn in front of the top of the stick.
3. Repeat this looping action for all sides of the cross.

Note: To switch colors just know the two pieces of yarn together.

Indoor Green House

MATERIALS:

- 2 clear 2-liter plastic soda bottles
- Sand
- Dirt
- Seeds

INSTRUCTIONS:

1. **BASE:** Cut one bottle so that the bottom is approx. 4" high (this creates the bottom of your house).
2. **LID:** cut the other bottle so that its bottom is about 9" high.
3. Place a small amount of sand in the bottom of the 4" base.
4. Add soil and seeds. Water then slip the top over it to create your own greenhouse.
5. Put in sunny place and plants will appear in 2-5 days (depending on the seeds you use)

Bookmarks

MATERIALS:

- Textured or colored cardboard, or heavy construction paper
- Sequins, markers, feathers, etc.
- Glue
- Contact (laminated plastic)
- Yarn
- Hole puncher
- Scissors

INSTRUCTIONS:

1. Cut out cardboard to the size and shape you wish the bookmark to be.
2. Decorate it with sequins, marker pens, feathers or just about anything you have around.
3. Contact (plastic laminate) the cardboard.
4. Punch a hole at the top and in the middle of the cardboard.
5. Tie yarn through the hold to form a tassel

Wheelbarrow Planter

MATERIALS:

- Laundry detergent scoop
- 2 plastic milk jug lids
- 6: length of ribbon
- Potting soil
- Flower seeds
- Craft glue
- Water

INSTRUCTIONS:

1. Glue a milk jug lid to each side of the scoop to form the “wheels”.
2. Allow the glue to dry.
3. Tie the ribbon to the handle of the scoop.
4. Fill the scoop with potting soil and plant the seeds.
5. Sprinkle the soil with a few drops of water

Craft of Your Choice

NATURE

Daisies/Brownies

IMPORTANT: Before starting the nature section, girls should learn to identify poison ivy. Referring to the poison ivy identification and informational sheet included in this package, girls should go into the woods and be shown poison ivy so that they know what to avoid.

Pinecone Bird Feeder

MATERIALS:

- Pinecone
- Wax paper or newspaper to cover working surface
- Peanut butter
- 2 foot piece of yarn
- Paper plate
- Bird seed (small seeds work best, sunflower seeds fall off)

INSTRUCTIONS:

1. Tie the yarn around the pinecone.
2. Spread the peanut butter all around the pinecone.
3. Put bird seed on a paper plate.
4. Roll the pinecone in bird seed.
5. Tie a loop in the yarn and hang on a tree.

Note: make sure none of the girls working this craft have peanut allergies.

Leaf Rubbings

MATERIALS:

- Leaf
- Plain white paper
- Crayons

INSTRUCTIONS:

1. Go to the woods and find a leaf. **IMPORTANT** make sure it is not poison ivy and try not to pick off the trees.
2. Take the leaf and lay the white piece of paper on it.
3. Rub the crayon over the piece of paper where the leaf is under it.
4. The rubbing should produce a copy of the leaf.

Nature Walk

There are many interesting plants found in nature. Take a walk through Camp Letico's woods and identify 3 different types of plant life with the use of the plant identification books available.

Nature activity of your choice

NATURE

Junior/Cadettes

IMPORTANT: Before starting the nature section, girls should identify poison ivy. Referring to the poison ivy identification and informational sheet included in this package, girls should go into the woods and be shown poison ivy so that they know what to avoid.

Poison Ivy Education

Read the information on poison ivy provided in this packet. Provide 3 methods of prevention and treatment.

Leaf Rubbings and Plant Identification

MATERIALS:

- Leaf
- Plain white paper
- Crayons

INSTRUCTIONS:

1. Go to the woods and find a leaf. **IMPORTANT** make sure it is not poison ivy and try not to pick off the trees.
2. Take the leaf and lay the white piece of paper on it.
3. Rub the crayon over the piece of paper where the leaf is under it.
4. The rubbing should produce a copy of the leaf.
5. Using the nature books provided, determine what plant or tree the leaf is from.

Nature Walk

There are many interesting plants found in nature. Take a walk through Camp Letico's woods and identify 5 different types of plant life with the use of the plant identification books available.

Cooking

With the grills found at Camp Letico, cook dinner. Before handling the grills or any type of fire, be sure to review and understand fire safety.

IMPORTANT: You may need to buy books if unfamiliar with fire safety rules.

Nature activity of your choice

The History of Camp Letico

Camp Letico wasn't always around. The Girl Scout Council of Roselle and Roselle Park, which was founded in 1927, had their offices on top of the bowling alley on Chestnut Street in Roselle before there was Camp Letico. The Girl Scout Council was located here for 27 years until they were forced to find somewhere else to hold their day camp.

In 1954, the Girl Scout Council had to find a new place to hold their day camp, and they did. They found a small part of land that was owned by Roselle at the West End of Roselle. The Girl Scout Council wanted to use that land for their day camp. They had to ask Francis Pitman, who was mayor of Roselle at that time, if they could use the land. Francis Pitman agreed to let the Girl Scout Council use the land. He gave them a 45 year lease starting May 28, 1954.

Well, everything was working out very nicely for the Girl Scout Council except they needed a house or building to go on the land. The Girl Scout Council didn't have to worry for very long because Francis Pitman wasn't just the mayor of Roselle; he was also a member of the Roselle/Roselle Park Rotary Club. That meant that he cared about Roselle's people and the environment of Roselle. Mr. Pitman was offered a two-story home by an attorney who had a house to donate as part of an estate. Mr. Pitman gladly accepted the gift and donated it to the Roselle and Roselle Park Girl Scouts. The house then had to be moved from where it was on East 7th Avenue to the West End of Roselle. On October 14, 1954, the house was moved onto the foundation of the campsite. Many things like the electricity, water line, and sewer connections had to be fixed. The house also had to be painted and have a large meeting room added to the back.

On February 16, 1955, the keys to the building were presented to Elsa W. Loestler, President of the Girl Scout Council of Roselle and Roselle Park at an evening Rotary meeting. At this meeting the building was also named Pitman Hall to honor Francis Pitman because he helped so much on the project.

Facts About Camp Letico

- Cost of the Girl Scout Project was \$1,333.22
- Camp Letico sits on 6.57 acres of land
- Girl Scouts have participated in summer camp programs at Camp Letico since 1954
- Outdoor cooking, outdoor skills, nature studies and overnight camping were part of some of the programs offered at Camp Letico
- Camp Letico was used by the Cub Scouts and Boy Scouts
- Camp letico doesn't have an address
- It is located between 65 and 69 Independence Avenue
- The flag that flies over Camp Letico was flown over the United States Capital on Juliette Low's Birthday, October 31, 2001.

We hope you enjoyed your visit to Camp Letico and participating in the Camp Letico Activity Patch.

If you or your troop would like to participate in improvement projects to maintain the beauty of the facility, feel free to contact Joann Sabados-Carolina, Manager of Camp Letico, and 908-241-5893.

Information sheet on Poison Ivy follows.

Poison Ivy Facts

Watch Out for Poison Ivy!!!

Quick Action Eases Sting of Poison Ivy

By Jane E. Brody

You can get it mowing the lawn, whacking weeds, petting the dog, hiking through the woods, burning logs in a fireplace, gardening, retrieving a lost ball, using the great outdoors for a toilet, putting clothes in the washing machine or removing your shoes. “It” is poison ivy, a source of misery for half the people who make contact with its allergenic sap and a potential problem for many more people who are not yet sensitized.

As you can see from the above list of possible exposures, poison ivy dermatitis is not so easy to avoid. However, prevention is possible, and when that fails, quick recognition of an incipient outbreak and appropriate action can greatly reduce its severity and resulting discomfort. Unfortunately, myths and misconceptions about this perennial problem abound and all too often result in extensive outbreaks that require medical attention.

Know Thine Enemy

No one is immune. Even if you have never reacted to poison ivy, a single intense exposure can cause a miserable rash or repeated lesser exposures can trigger a sensitivity that will render you susceptible to attacks for the rest of your life. So everyone would be wise to learn more about the plant and how to avoid being exposed.

Poison ivy and its companions in crime, poison oak and poison sumac, share a telling genus name, *Toxicodendron*, and a sap that contains urushiol.

Urushiol is an oil that rapidly penetrates the skin and combines with skin proteins, triggering an allergic reaction in those already sensitive to it and priming the pump for a future allergic reaction in those not yet sensitive.

Urushiol is found in all parts of the plant – leaves, stems, roots, flowers and berries – and is readily released when the plant is bruised in some way, as when a hiker’s leg brushes against it or a child’s ball lands on it, when it is cut down by a mower or when it is burned in a fire. As some mango lovers have discovered, urushiol (in lower concentrations, fortunately) is also found in the skin of mangoes, as well as the fleshy shell of cashews and ginkgo nuts.

The sap is hardy; even in the dead of winter it can cause a reaction. It can also survive for long periods on contaminated clothing, gardening tools and sports equipment. Items contaminated in the fall may cause a reaction when handled the next spring. Even dead, the plant is a problem. Poison ivy leaves or stems twined around logs can spew urushiol into the air when burned and cause an internal reaction when inhaled. A pet can carry the toxin on its fur and transfer it to you or the furniture you sit on.

Though the axiom “leaves of three, let them be” is well known, poison ivy and poison oak may have five leaves and poison sumac a tall shrub, has seven to 13 leaflets on each stem.

Furthermore, the shape of these leaves and the growth habits of the plants are highly variable, especially in different regions of the country. The plants can be low-growing or form bushes or vines. Poison ivy vines were once deliberately grown as foliage on English buildings for the striking red color they turn in fall. One aid in recognizing poison ivy and its relatives is to look for black spots on the plant, an indication that urushiol, which is normally yellowish, has been exposed to air, perhaps by the chomp of an insect.

An allergic reaction to urushiol typically becomes noticeable 24 to 36 hours after exposure, although it can begin as soon as 6 hours later according to a report in the May 15 issue of Patient Care, an educational magazine for doctors.

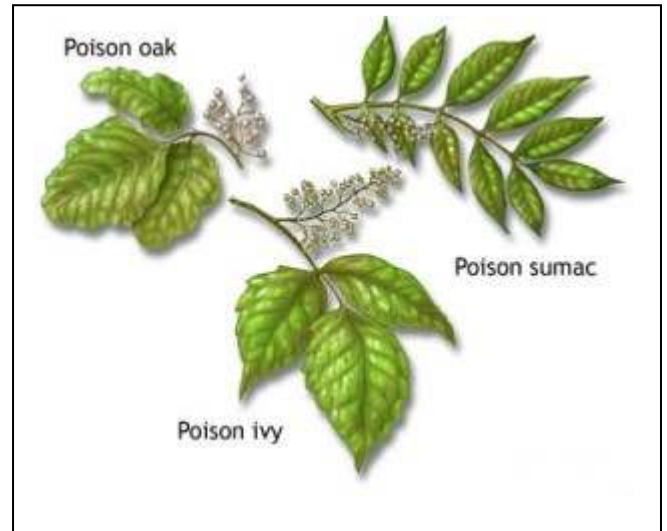
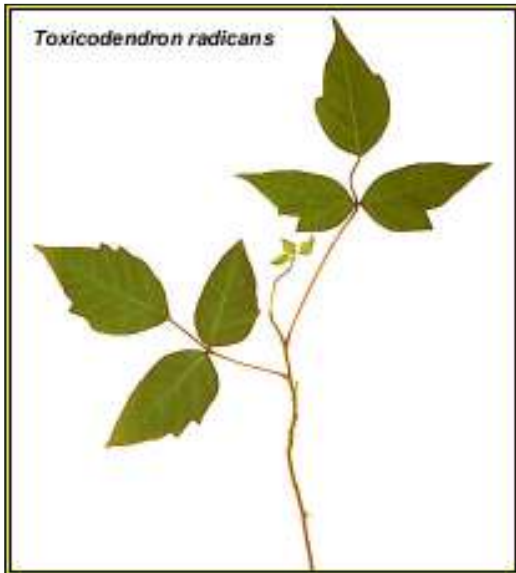
An itchy, red, blistering rash occurs wherever urushiol has directly touched the skin and only there. It is a myth that the rash is contagious or that it can be spread elsewhere on the body through the fluid in blisters.

However, different parts of the body may break out at different times for one or two reasons: because the skin in different places is exposed at different times, for example, by later contact with contaminated clothing, or because skin that is thin absorbs urushiol faster than thicker skin

See next page for pictures of poison ivy, poison oak and poison sumac.

What to Look Out For...

Poison Ivy



Poison Oak



Poison Sumac

